

APPOINTMENTS On The Grapevine

by (Bair's) *My Singapore Lover* **JUDY CHAPMAN**

A novel of passion, beauty and the secrets of Singapore.

Young, western and single, Sara arrives in Singapore on a magazine assignment to write about the long-held attraction between western men and Asian women. She soon becomes swept up in the exotic city, mesmerized by its glitter and glamour and seduced by promises of a career, wealth and success.

A chance encounter followed by a charged love affair with a charismatic Chinese Singaporean hotelier, who just happens to be married, draws Sara into an unexpected inward journey that forces her to confront her past and contemplate the difference between love and infatuation.

Set in contemporary Singapore, the bustling Manhattan of Asia, this elegant novel is the story of one woman's journey of self-discovery, in which she explores her competing urges for corporate success and personal, spiritual happiness.

"I wanted to explore a young woman's challenge as she finds that the more she gives of 'herself' to the corporate structure, the more she loses her connection with her own intuition, femininity and grace," says author Judy Chapman. "I feel this is a common theme in today's world and an increasingly important one. I am passionate about new ways to work in the world."

As the world spins frenetically around her, the novel's heroine, Sara, must learn how not to get caught up in the momentum, the hype.

In this beautiful and thought-provoking debut novel, Australian author Judy Chapman writes about finding soul and spirituality in unexpected places, and having the courage to follow the truth wherever that may lead.

ABOUT THE AUTHOR: Judy Chapman is the former Editor-in-Chief of Spa Asia magazine, columnist for Wellbeing Australia magazine and author of 4 best selling books on spas, aromatherapy and bathing including Aromatherapy recipes for your oil burner (Harper Collins) and Ultimate Spa (Periplus). Over the past 20 years she has traveled the world, exploring, consulting and creating award winning spa concepts, beauty and treatment experiences. Her travels have taken her through the Himalayas spending



time with Tibetan and Ayurvedic doctors and yoga masters and throughout South East Asia including temple and onsen trips in Japan and to the spas of France, Germany and Prague. Judy is certified in the Demartini method and holds a yoga teacher training certificate and has studied macrobiotic "food as your medicine"™. She has been interviewed by TV, radio and press including The Sydney Morning Herald, Vogue Australia, Harpers Bazaar Singapore, Elle Singapore, South China Morning Post, China Vogue and Destinasian magazine, to name but a few.

ABOUT THE PUBLISHER: Monsoon Books is an independent English-language publisher based in Singapore. Its titles have won numerous awards, been widely translated and adapted for TV and film.

My Singapore Lover will be launched at Ubud Writers & Readers Festival on 14th October.

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