

# Who's reading what?



## JUDY CHAPMAN

- Who: author of *Ultimate Spa*
- Loves to read: on the beach
- Favourite author: Paulo Coelho

MY FAVOURITE WRITER is Paulo Coelho, Brazilian author of *The Alchemist*, and one of the most widely read authors in the world. He writes on simple subjects like love and journeys complemented by beautiful spiritual messages. He is my inspiration – I hope one day that I will publish a novel as well!

I'm currently reading *Affluenza: When Too Much is Never Enough*, by Clive Hamilton and Richard Denniss. It's a fantastic read; it looks at how we have become addicted to consumption and tracks how Australians overwork. The good news is that the authors show how, increasingly, Australians are choosing to ignore advertisers, reduce their spending and re-capture their time for the things that really matter.

I'm also reading *On Writing: A Memoir of the Craft*, by Stephen King. It's great, and helping me write that world famous novel...(I hope). And I recently finished *Alivelihood: The Art of Sustainable Success*, by Horst M Rechelbacher, who founded AVEDA corporation. I was so inspired that I contacted him, and have interviewed him several times now for magazines, including *Asia Spa Hong Kong* and *Spa Life Australia*.

## Out spoken

**“Be careful about reading health books. You may die of a misprint.”**

- MARK TWAIN  
US AUTHOR AND HUMOURIST (1835-1910)

## Faces



Supornthip Choungangsee  
CEO  
Branded

BALLET or OPERA

FACT or FICTION

D. BECKHAM or M. OWEN

KAYAK or CRUISE SHIP

HEAT WAVE or MONSOON



George Benney  
General Manager  
The Sukhothai

BALLET or OPERA

FACT or FICTION

D. BECKHAM or M. OWEN

KAYAK or CRUISE SHIP

HEAT WAVE or MONSOON